

Resources for October 2022

New for this month:

988 Suicide & Crisis Lifeline

The 988 Suicide & Crisis Lifeline is a United States-based suicide prevention network of over 200+ crisis centers that provides 24/7 service via a toll-free hotline with the number 9-8-8. It is available to anyone in suicidal crisis or emotional distress.

Judgement-Free Parenting Support-

Kansas Children's Services League has a call line and resource directory. For more help or to speak with a real person call 1-800-CHILDREN or 1-800-332-6378 any time, any day. They provide non-judgmental, confidential support around the clock for any questions you may have. The call line is available in English, Spanish, and 200 additional languages.

Mental Health Resources:

Metro Council of Community Behavioral Health Centers

<https://mentalhealthkc.org/>

Health Partnership Clinic offers a range of medical, dental and behavioral health services through four clinics and at sites throughout the community. Everyone is welcome, with or without insurance.

<https://hpcks.org/who-we-are/>

Accessing services at **Johnson County Mental Health Center:**

<https://www.jocogov.org/department/mental-health/accessing-services>

NAMI Basics Class

<https://www.namijoco.org/basics>

NAMI Basics On Demand is a free, 6 session online education program for parents, caregivers and other family who provide care for youth 22 or younger who are experiencing mental health symptoms.

Community Resources:

Findhelp.org

Find food assistance, help paying bills, and other free/reduced cost programs in your zip code, including new programs for the COVID-19 pandemic.

<https://www.findhelp.org/>

United Way 211

If you need help in the 23-county area covered by United Way of Greater Kansas City, you can get it from United Way 2-1-1. This free service provides access to thousands of resources. Call 2-1-1 and you will reach a trained, caring professional seven days a week, 24 hours a day, 365 days a year. Or click the link below.

[SEARCH UNITED WAY 2-1-1](#)

Multi-Service Outreach Centers provide a safety net for those in need and a means of moving beyond cycles of aid into self-reliance. We serve people in need of social services who live in geographic areas generally conforming with school districts.

<https://www.jocogov.org/dept/human-services/outreach/outreach-services>

Renewed Hope is a curbside food pantry. Volunteers will bring food to your car.

<https://renewedhopefoodpantry.org/get-food/>

The Resurrection Overland Park Food Pantry helps bridge the food insecurity gap in our community.

For more information and to schedule an appointment <https://cor.org/overlandpark/localimpact>

Santa Fe Waystation Food Pantry is open every Monday from 9:00am to 11:00am and 5:00pm to 7:00pm.

For more information <https://santafewaystation.org/>

Harvesters Food Assistance

<https://www.harvesters.org/Get-Help/Service-Locator>

New Hope Food Pantry <http://www.nhfoodpantry.com/>

Center of Grace in Olathe, KS offers a Clothing Closet and personal care items.

Call (913) 764-1353 to make an appointment.

<https://centerofgrace.center/ministries/clothing-closet/>

Kansas City Free Eye Clinic

<https://www.kcfreeeyeclinic.org/our-services/>

Kansas City's Medicine Cabinet provides financial assistance for emergency dental care, diabetic supplies, hearing aids, prescriptions, vision exam and eyeglasses.

<http://kcmedicinecabinet.org/get-help/>

Kansas Emergency Rental Assistance

The Kansas Eviction Prevention Program provides rental assistance to households that have missed one or more rental payment(s) due to the COVID-19 pandemic.

<https://kshousingcorp.org/emergency-rental-assistance/>